



## **Minutes of Meeting**

### **Northland District Health Board**

### **Equity in the Community Committee**

**Held on 9.00am, Monday, 7 December 2020**  
**Tangihua Meeting Room, Tohora House, Whangarei Hospital**

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#### **COMMITTEE**

Ngaire Rae (Chair)  
John Bain  
Harry Burkhardt  
Jonathan Tautari  
Kyle Eggleton

Libby Jones  
Sally Macauley  
Carol Peters  
Beryl Wilkinson

#### **IN ATTENDANCE**

Nick Chamberlain, John Wansbone, Jeanette Wedding, Lyn Rostern, Ian McKenzie (part), Ellie Berghan, (proxy for Marty Rogers), Warren Moetara (part), Kathryn Leydon, Paula Douglas (minutes)

Adam Pearse, Reporter, Northern Advocate

The meeting was opened with a karakia.

#### **APOLOGIES**

Jonny Wilkinson

#### **CONFLICTS OF INTEREST**

The conflicts register was noted.

#### **1.0 COMMITTEE MINUTES**

##### **1.1 Confirmation of Minutes**

A date change on the Work Plan paper along with a spelling error were noted.

***IT WAS MOVED THAT*** the minutes of the meeting held on 28 September 2020 with amendments made be accepted

***Beryl Wilkinson /Carol Peters***  
***Carried***

##### **1.2 Matters/Actions Arising**

###### **1.2.1 Focus on Ageing in Place with Cognitive Impairment**

- Presentation by Juanita Pascual and Kevin Salmon. Agenda item 6.0



### 1.2.2 Draft Work Plan

- This paper has been presented as a draft.
- Request to bring the rheumatic fever paper to March meeting – agreed.
- Discussed a standard report on Disability being presented to this Committee? The Accessibility Tick initiative will be a driver for Northland DHB and can be a regular (six monthly) report.
- The Accessibility Tick is a maturity self-assessment report
- Need both a strategic and operational report on activity on disability and also an update what is happening at a national level with the review.
- Work plan to include a standing item disability report to look at the Health and Disability Systems Review.
- A design of the new hospital to be included as well.
- Reporting on the rongoa Māori activity and responding to the requests will come under Māori Peers on the work plan. Contracts on this have started and are a work in progress.
- It was requested that there be a paper on ‘age related disabilities that come later in life as a result of age related health problems’.
- Expecting a lot of pressure on vaccinators when the COVID-19 vaccine becomes available in 2021.
- A plan is needed to ensure we are well placed to deal with this when the time comes. This will be led by the Board as this Committee is not placed to make decisions.
- This Committee was formed to undertake deep dives on strategic areas on a 3 monthly basis.
- Seek to understand what the parameters of community engagement are.

## 2.0 PRESENTATION

### 2.1 Maori Peers

- Presentation - Ian McKenzie, GM Mental Health & Addiction Service, Jacquii Hessel, Mental Health & Addiction Service.
- Amo Kaiora – presentation covered:
  - Te Kawa o nga Amo Kiaora
  - Taiora
  - Titiro whakamuri her anga ki mua
  - Mana motuhake – the concept of self-reliance and self determination
- Presentation had a focus of ‘moving people into wellbeing’.
- This initiative was introduced as a partnership with the Department of Corrections

## 3.0 CHAIRS REPORT

- The Chair acknowledged the enormous year that was 2020 and how much of a big year it has been for the health sector and all those who work in it. The Chair passed on her sincere thanks to all staff and wished all a very safe and happy Christmas season.

## 4.0 BRIEFING PAPERS

### 4.1 Northland DHB Community Based Services

- Paper was taken as read.
- Ear Health in older children – a lot of issues reported for this demographic and query a connection to the use of ear pods etc.
- There are mobile nurses that undertake ear checks and ear testing.
- Seeking to improve engagement of whanau and Māori and reframing the conversation.
- Eczema – wish to further understand the learnings around standing orders and the possibility of reducing presentation rates. Paper to March 21 meeting requested
- Oral Health – a summary of who is available for what services and who takes care of what in the community was covered at the November Board meeting.



- Oral Health strategy is being updated and this is to be brought to a future (late 2021) meeting; this will include new initiatives.
- Dr Neil Croucher will be putting the report together and working on this strategy.
- Supported discharge – currently there is a trial starting on this and changing the view to ‘Recovery at Home’ and the needs assessment and packages of care available to these people. This will differ to the current discharge plan that is available.
- Need to look at training for whanau as well so they are better placed to assist the person recovering at home.

#### **4.2 Ngā Tai Ora – Public Health Northland quarterly report**

- Paper was taken as read
- Conscious of fatigue for the workforce with the large number of vaccinating that will be required in the early New Year.
- There are a large number of tourists expected in the north over the holiday period.
- Discussion held around the drinking water situation, there is concern among Public Health staff with potential changes that are coming up due to a change in the way drinking water is regulated. Update paper to Committee once further information is available
- A lot of rural water issues go unreported. Camping grounds, marae, schools all will fall under the new regulations.
- Alcohol – there has been an increase in licence applications and there is a lack of notification of these applications to GPs and others who should be included.

#### **5.0 Northern Region Service Plan 2020/21, Quarter 1 Summary**

- Paper was taken as read

#### **6.0 PRESENTATION**

##### **Ageing in Place with Cognitive Impairment**

- Presentation – Dr Juanita Pascual, Clinical Director, Medical & Elder Services;
- Kevin Salmon, General Manager, Alzheimers Northland
- Presentation on The Diagnosis and Management of Dementia was given by Dr Juanita Pascual and covered the following aspects of dementia:
  - The extent of the problem
  - The dementia Syndrome
  - Cognitive changes of normal ageing
  - Diagnosis and assessment
  - Advantages to diagnosis
  - Behavioural symptoms in dementia
  - The problems in Northland
  - What are we doing about it?
  - Emerging themes
- How are we going to do it?

##### **Presentation – Kevin Salmon, General Manager, Alzheimers Society Northland**

- Presentation covered:
  - The numbers
  - Training and education
  - Why do a referral?
  - The benefits of earlier diagnosis and support.

Te Mate Wareware link to be sent to Committee



## **7.0 NEXT MEETING DETAILS**

The date of the next meeting is 25 January 2021 2020.

There being no further business the meeting closed at: 10.50am

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**EQUITY IN THE COMMUNITY CHAIR**

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**DATE**