



13 October 2021

[Redacted]

Dear [Redacted]

**Official Information Act Request**

You have asked for information about transgender healthcare.

1. Please advise (Y/N) whether the following gender-affirming healthcare treatments are provided by your DHB for transgender patients:

Treatment	Yes	No	Notes
Voice therapy/vocal training.	Y		After 12 months hormone therapy
Permanent facial hair removal by electrolysis, IPL, or laser treatment.		N	
Chest binding prosthetics (binders).		N	
Chest reconstruction (double mastectomy & contouring for transgender men).	Y		Via Breast Clinic referral to the Plastic Surgery Unit at Counties Manukau DHB
Breast augmentation for transgender women.	Y		Via Breast Clinic referral to the Plastic Surgery Unit at Counties Manukau DHB
Fertility preservation for sperm.	Y		Via Auckland DHB Fertility Services
Fertility preservation for eggs.		N	
GnRH Puberty suppressants (puberty blockade).	Y		
Readiness assessment for hormone therapy.		N	Not currently available due to staff vacancy following resignation

Hormone therapy (estrogen, progesterone, and testosterone treatment).	Y		
Hysterectomy and oophorectomy.	Y		
Orchidectomy/orchiectomy.	Y		
DHB public pathway to care			Generally referral through primary care providers

2. *Are gender-affirming healthcare services under your DHB based on the Guidelines for Gender Affirming Healthcare for Gender Diverse and Transgender Children, Young People and Adults in Aotearoa New Zealand (2018)? If not, which guidelines are they based on, if any?*

Yes

3. *Are there transgender training programmes routinely provided or promoted through your DHB? If so, which training programmes or materials are used, and which organisations provide these? If not, do you have mechanisms for providing or promoting such training, and is there a date by which you plan to provide these?*

No

Northland DHB supports the open disclosure of information to assist public understanding of how we deliver our services. This includes proactive publication of anonymised Official Information Act responses on our website from 10 working days after they have been provided to you. Personal or identifying information will be redacted from any response published online. If you consider there are good reasons why this response should not be publicly available we will consider your views.

If you have any queries about Northland DHB's response to your information request please contact the Chief Executive's office in the first instance.

Yours sincerely

  
**Jeanette Wedding**  
**Acting Chief Executive**