



## MANA AKE NORTHLAND PROJECT

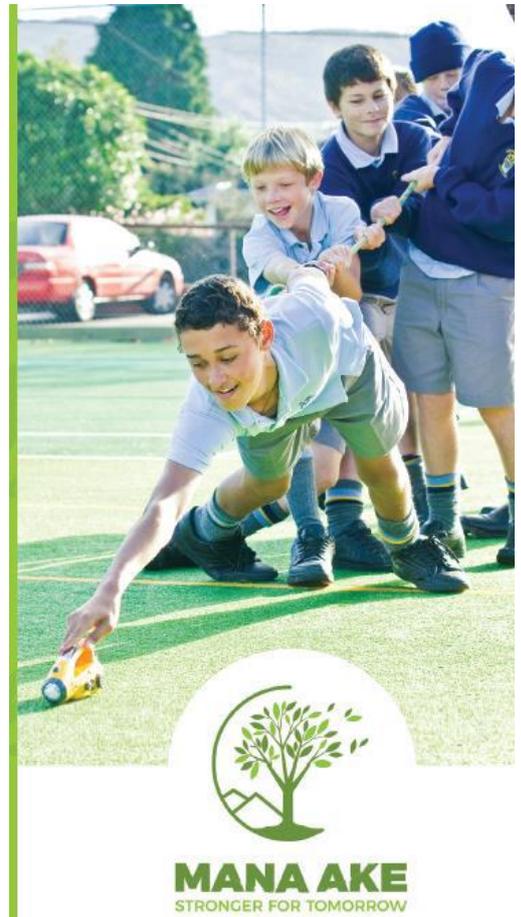
**June 2021**

Northland DHB have been asked to work with Primary and Intermediate Schools across Northland to assist in the co-design of pathways for the provision of mental wellbeing supports to children aged 5 – 12 years.

The mental health and wellbeing of children across New Zealand is a priority for this Government and the Ministry of Health.

Mana Ake provides a new approach to delivering additional mental health support for children in primary and intermediate schools across the Te Tai Tokerau region. Mana Ake seeks to provide holistic support through:

- Direct support to children experiencing social, emotional or behavioural challenges
- Clarification of local support pathways, making it easier for schools, teachers and whānau to access support when and where they need it.
- Support for schools to make improvements to the school environment using the whole of school and classroom wellbeing programmes and wellbeing promotion
- Service sector improvements by providing greater collaboration across Health, Education and social sector partners in the provision of support.



The co-design process will be initiated alongside key stakeholders in Te Tai Tokerau and consider how to best provide school based mental wellbeing supports. Co-design processes will draw on the learning's from the current Mana Ake initiative (based in Canterbury) and local and international evidence about effective interventions to enhance the emotional wellbeing and resilience of children in primary and intermediate schools.

Upon completion of the co-design process, Northland DHB is tasked with submitting a report to the Ministry of Health summarising the outcomes from the co-design work. Any future contract for the service delivery will be subject to funding availability.

For further information or to express your interest in being a part of the co-design team, please contact:

Ant Backhouse, QSM  
Phone: 021 252 9292  
Email: [ant@ngawai.co.nz](mailto:ant@ngawai.co.nz)  
Director - Ngāwai Enterprises



**MANA AKE**  
STRONGER FOR TOMORROW