

School Pānui - Term 2, 2024

Kia ora koutou, welcome to our 2024 Term 2 update.

Schools often ask us the question.. "What is Mana Ake?"

So, we asked some of our Mana Ake Kaimahi the same question – here's what they said:



What is Mana Ake?

Mana Ake is to ahwi the kura on their journey in well-being

Mana Ake is empowering our tamariki to know they have bright & purposeful futures

Mana Ake is a blessing for our Tamariki (and those of us who are employed) to provide child focussed support

Mana Ake is bringing to life the heart of Tamariki

Mana Ake is an aspirational approach to supporting the well being of our Tamariki

Mana Ake is about being present

Mana Ake is recognising that everyone has strength

Mana Ake is caring, as we would not be here if we didn't

Mana Ake is inspirational!

Mana Ake is permission to indigenise the school system to empower all Tamariki

Mana Ake is amazing and fun. Spending time with our future generation to empower them to be better than us

Mana Ake is the embodiment of the change I wish to see in the world

Mana Ake is exciting, challenging, Important, resourceful. Tihei wa Mauri Ora!

Mana Ake is enhancing kids well being through positive activities

Mana Ake is supporting children in their mental health and well-being journey

Mana Ake is an opportunity for Tamariki to feel a sense of belonging

Mana Ake is a journey into tomorrow

Mana Ake is mahi that is guided by the uniqueness of our rangatahi!!

Mana Ake is a collaboration at kaimahi, Kaiako, Tamariki and whanau to be stronger for tomorrow

Mana Ake is teaching our Tamariki skills to build resilience Mana Ake is listening and applying help where we can

Mana Ake is fun, engaging and helps our Tamariki learn skills around wellness for life! Hauora



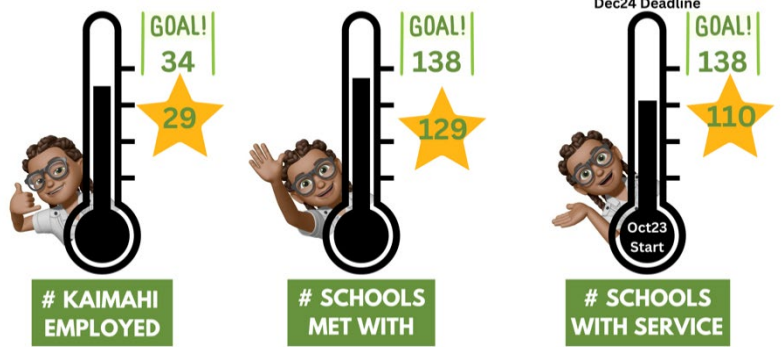
www.pumau.health.nz

Check out [Pūmau](http://www.pumau.health.nz) (The backbone of care) - our centralised wellbeing information website for schools and professionals.

Pūmau provides clinically approved guidance for teachers and other school staff to help in recognising and responding to the wellbeing needs of tamariki in the classroom. Here you will find information around strategies to use at school or in the classroom, when and where to seek additional support, and how to work with whānau and communities.

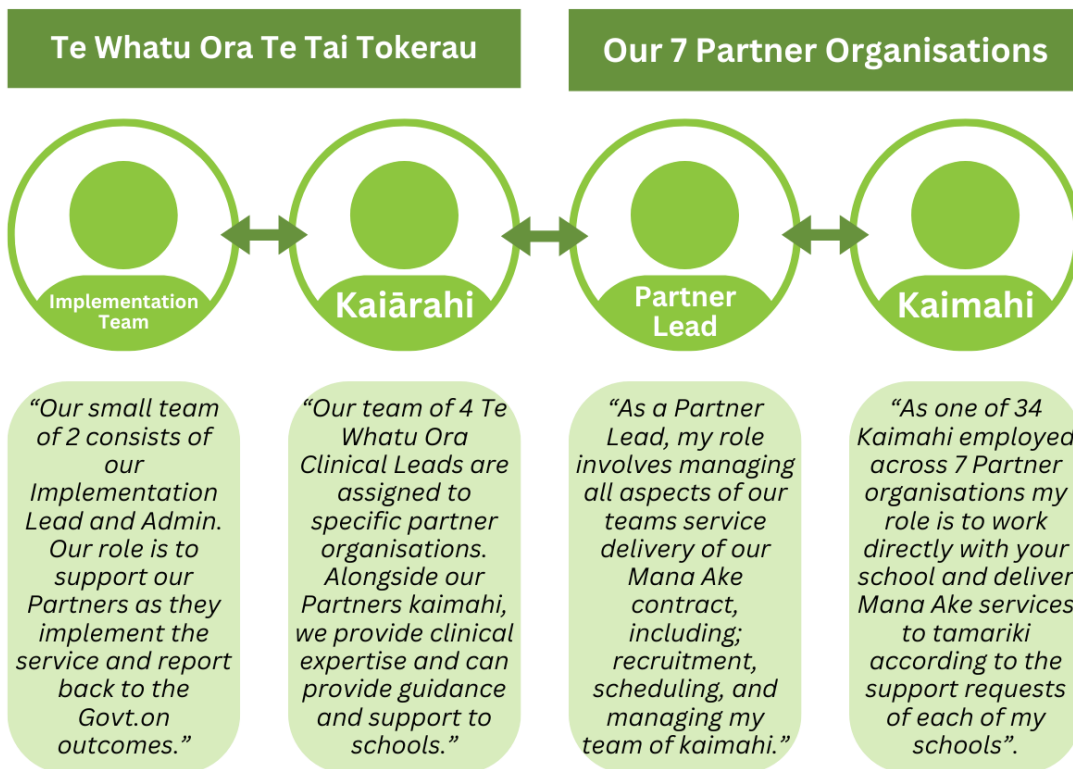


Vision: Enhanced resilience, wairua, and mana of our tamariki in Te Tai Tokerau so they are 'stronger for tomorrow'.



Implementation Progress

Our Mana Ake Team. We appreciate that the different people you might meet from Mana Ake could cause some confusion. Therefore, we hope the following visual helps bring better clarity to the various roles and relationships within our team.



We Love Your Feedback. Here are just some of the things we have heard this term...

"you guy's aren't leaving us aye?"
- School Principal (Mid North Area) following a session delivered by Te Mana Oranga

"Mana Ake is good at understanding the tamariki and helping with behaviour and life skills"
- Principal, Manaia View School

We will continue to send updates out each term.

On behalf of all the Mana Ake Team,
Ngā mihi nui

More Information: www.northlanddhub.org.nz/mana-ake



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