

## Information for Asymptomatic People Screened for COVID19

Thank you for having COVID-19 testing today even though you have no symptoms of COVID19.

### What happens next

- **Being tested when you have no symptoms is voluntary**, your choice. You do not have to be tested today if you don't wish to be.
- You will be asked questions, including your name, date of birth, your address, and about where you work. This information will be shared with public health and others involved in monitoring COVID-19 in our community.
- You will have a swab taken from the back of your nose or throat; this can be a bit uncomfortable.
- This swab is sent to an Auckland laboratory for testing.
- **Results take around 5 days to come back.**
- Unless you are a frontline healthcare worker **you can continue to work while you wait for your result.**

### What happens next if my result is negative?

If test results come back **negative** you will be notified about it via **text message or email** (or on a landline phone if you don't have these). It means that COVID-19 was not detected at the time you were tested.

Having a negative test now does not mean you can't get COVID-19 in the future. If you become unwell with the symptoms of COVID-19 you should stay home from work, let your manager know, and be tested again.

### What happens next if my result is positive?

- If you have a **positive** result someone from public health will call you to let you know. You will need to stay in **isolation for at least 10 days** from the date of your test, and for longer if you develop any symptoms.
- We will ask you about all the people you have spent a lot of time with since you became unwell and those people will be asked to stay at home (in quarantine) in case they become unwell too. They will be in quarantine for 14 days from the last day you spent time with them.

### What do I do if I start to feel unwell while you are waiting for your results?

If you develop any symptoms of COVID-19 while you are waiting for your results, including any of the following – sore throat, fever, cough, shortness of breath, head cold, loss of sense of smell – you must **stay home from work** and contact your manager.

If you feel worse and feel like you need to see a doctor you should seek medical care.

- **If it is an emergency you should call an ambulance on 111.**
- During normal business hours you should see your GP.
- After-hours you should go to an Accident and Medical centre or a hospital emergency department.

You **must call ahead** before seeing a doctor so they can prepare to see you and to keep themselves and other patients safe. You **must let them know you have been tested already**. You can show them this letter.

### What Happens to the information Collected About Me?

We will only use and disclose your personal information if that is permitted by law. Within the national response to COVID-19 disclosure may occur to your GP; healthcare organisations such as Public Health, and the Ministry of Health; your employer; and your whanau, for example to enable contact tracing.

### Where can I go for more advice?

You can call Healthline on 0800 358 5453 for advice. **Healthline will NOT be able to access your results.**