

**Nurse Practitioner Profiles (as at 06/11/2015)**  
**Te Tai Tokerau, Northland**



**Kathryn Menary**

**Iwi:** European Maori

**NP area of practice:** Primary health care across the lifespan with prescribing (2011).

Adult & chronic disease management.

Special interest in diabetes

**Employed by:** Broadway Health Centre

**Based:** Kaikohe

I undertook my hospital based Registered General & Obstetric Nursing training at Whangarei Hospital and for a short period worked at Bay of Islands Hospital before returning to Kaikohe.

The majority of my experience has been in Primary Care and I have worked in General Practice as a Practice Nurse for approximately 25 years. The General Practice in which I work was instrumental in developing my clinical skills and through their encouragement I achieved my goal as Nurse Practitioner in 2011. Financial assistance with my studies was assisted by the Ministry of Health and in my final year I received a scholarship from ACC to complete my studies at AUT in Auckland.

In January 2011, I obtained Nursing Council approval to work as a Nurse Practitioner. I continue to practice at the Broadway Health Centre providing Primary Health Care for people across all ages with the capability to prescribe medicines as required.

In my role I have a strong focus on working with patients with long-term conditions, in particular patients with diabetes. The role also includes assessing and managing patients with acute medical issues and injuries within the practice and at a local community clinic.

I am also a member of the Te Tai Tokerau PHO clinical governance committee and local diabetes team. There has been the opportunity to provide mentoring and supervision for nurses undertaking the NP pathway.