



Pauline Brennan

NP area of practice: Primary Health Care

Employed by: Ngati Hine Health Trust

Based: Kawakawa, Mid North

Ko Kahuranaki te maunga

Ko Tukituki to awa

Ko Takitimu te waka

Ko Matahiwi te marae

Ko Ngati Kahungunu to Iwi

Ko Heretaunga te Taiwhenua

Polly Brennan, Nurse Practitioner, Master of Nursing (Dist),

BN, PG Dip Primary Rural Health Care, PG Cert Specialty Primary Health Care Tamariki Ora,

Fellow of the College of Nurses Aotearoa.

Polly was raised in the Rangitikei, and completed her Nursing training at Palmerston North Hospital School of Nursing in 1985. She has always had a passion for rural nursing and has worked in many rural hospitals and communities throughout the North Island, Australia, and Te Tai Tokerau.

She has held Management and Team Leader roles, but her passion is working with whanau and Maori communities to attain their potential in health and wellbeing.

She has over 34 years experience working as a registered Nurse.

Polly completed her Prescribing Practicum with Dr Lance O'Sullivan, and completed a study tour to the United Kingdom to present at the Royal College of Nurse Practitioners Conference and work with other Nurse Practitioners in 2007.

She gained her Nurse Practitioner Registration in 2018 and loves being able to work in an expanded role supporting whanau with their health care to the full extent possible, instead of having to refer on to the GP. She works from a Whanau Ora focus, helping whanau to work on all areas that affect their health and wellbeing, not just the clinical aspects. She works collaboratively with her GP, nursing and other hauora providers.

“I can't imagine working any other way now; I love being able to inspire and support whanau to reach their potential and prevent what can often appear to be the inevitable slippery slope. Placing the choices with whanau means they choose what is important to them (not what we think they should work on), and they have better outcomes”, says Polly.