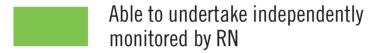


STUDENT NURSING SKILLS AND INTERVENTIONS

Updated June 2016

Key









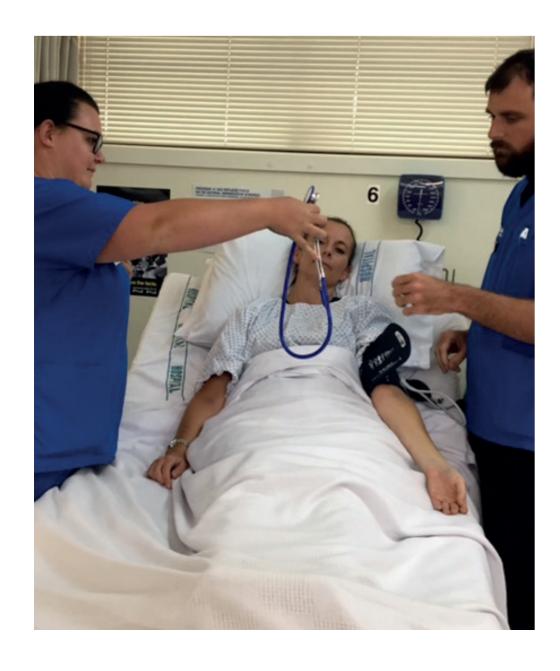
1st year Bachelor of Nursing student
2 nd year Bachelor of Nursing student
3^{rd} year Bachelor of Nursing student

BN6 Elective student

The following are guidelines to assist staff to plan appropriate clinical learning activities for NorthTec nursing students who are at different stages of their programme.

It is only a guideline and does not prevent other activities from taking place, provided it is within the student scope of practice and there is adequate RN teaching and supervision.

Please do not hesitate to discuss any of these activities with the clinical tutor who visits your area.



	BN2	BN3	BN5	BN6 ELECTIVES
GENERAL ACTIVITIES / ORIENTATION				FIFEIIVES
Observe RN practice				
Support the RN with their patient load Emergency call procedure/patient call system				
Equipment checks, e.g. emergency trolley, defilbrilator, suction & oxygen Emergency contact information, e.g phone numbers, paging system				
Observe role of allied health Staff				
Access to intranet / trendcare Access to policies, protocol, procedures & clinical guidelines				
General/Personal Health & Safety requirements				
Infection prevention & control procedures PATIENT ASSESSMENT				
General Admission / Health History				
Health Literacy Hydration & Nutrition Status				
Risk Assessment Pressure areas				
Falls risk Self Harm				
EWS scoring				
Pain Assessment & management Mini-triage				
Discharge Planning Recording, Reporting & Documenting				
PATIENT-CENTERED — THERAPEUTIC COMMUNICATION, INTERPERSONAL RELATIO	NSHIPS & HEALT	H PROMOTION		
Interviewing skills				
Assessment of communication needs, e.g literacy hearing, speech Obtaining informed consent for nursing interventions				
Assessment of health education needs				
Patient &/or family education / Delivery of health information Opportunistic health education / health promotion				
Brief intervention, e.g smoking cessation				
Planned teaching session, e.g using an inhaler, insulin injection, lifestyle, stress management Telephone communication regarding patients interventions/diagnostics				
Work as part of the nursing &/or multi-disciplinary team Contribute to handover & handover own patients				
Attend Multi-disciplinary team meeting, where appropriate				
Referrals to MDT teams, e.g social work, Takawaenga and physio Attend whānau /family meetings				
Contribute at whānau/family meetings, where appropriate				
Recording Reporting & Documenting ACTIVITIES OF DAILY LIVING				
Personal Hygiene Bed Sponge				
Bath/Shower				
Elimination Management of urinary/faecal incontinence				
Urinary catheter: Female insertion & management (male & female) Care of Stoma				
Bowel Preparation				
Mobilisation manual handling (hoists, transfers) Nutrition & Hydration Oral				
Nasogastric				
Intravenous fluid therapy PEG feeds				
Recording, Reporting & Documenting				
PATIENT OBSERVATIONS, SPECIMEN COLLECTION & DIAGNOSTIC TESTS Vital Signs Electronic				
Manual				
Pain assessment 02 Saturation				
Height, Weight/ BMI				
Fluid Balance Charting Urinalysis				
Blood glucose monitoring ECG (recording only)				
Telemetry monitoring				
Peak flow Collection of Specimens Urine, Sputum, Faeces				
MRO Swabs				
ADMINISTRATION OF MEDICATION & IV FLUIDS/PRODUCTS				
PICCs - dressing and removal IV fluids - priming				
Administration of Medication (Own patients only) Oral SC / IM				
367 1191				
(Refer to current NDHB Medication admin policy) // once NDHB competency completed				
(Refer to current NDHB Medication admin policy) Oxygen assessment & administration Checking Controlled Drugs				
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