

# Stories from a GP



“I have a patient who’s always been a bit flat and anxious. He has diabetes so I’d given him a Whanau Tahī Care Plan to fill in for me. He told me that what matters to him was helping out his children financially and so his goal was to sort out his gambling addiction. Despite having known him for 20 years I never knew he had a gambling problem and it explained a lot about his mood problems. I referred him to Gambling Anonymous and a counsellor and next time I saw him he said things were going much better from the gambling point of view and then said “what was it you wanted me to do about my diabetes?””.

“ I had a elderly gentleman who is naturally quite shy and reserved. He had filled in a Care Plan and in the “About Me” had written that he was a keen rock fisherman. One evening he ended up in ED and the doctor had looked at his Summary Shared Record in Concerto and they got into a conversation about fishing which they both enjoyed. This made him feel much more relaxed and confident about the doctor. Whakawhanaungatanga in action. “



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